



# WINTER OPEN MEET 2023

**25<sup>TH</sup> NOV 23**

**26<sup>TH</sup> NOV 23**

**@MEDWAY PARK**

Admission is £5.00/session

Or £7.00 all day

# Promoters Conditions

Black Lion Level 3 Winter Open Meet 2023  
Saturday 25<sup>th</sup> November and Sunday 26<sup>th</sup> November 2023

**Licence No:** 3SE230794

*Run under Swim England laws, Swim England technical rules of swimming and promoter's conditions*

## MEET RULES AND INFORMATION

The competition will be held under Swim England laws and technical rules of swimming. This event is licensed at Level 3. Officials will be obtained from the National & Regional lists of qualified personnel.

### FACILITIES

The meet will take place at the Medway Park, Mill Road, Gillingham, Kent on Saturday 25<sup>th</sup> November and Sunday 26<sup>th</sup> November 2023. The pool is a 6 lane, 25 metre facility fully equipped with electronic timing, display board and anti-wave ropes. Parking is now free in the large pay and display car park adjacent to the Leisure Centre, as long as you enter your vehicle details in to one of the consoles inside the centre. The café is currently closed.

### ENTRIES

Swimmers must be, or have applied to be registered with Swim England. Swimmers may only enter events in their own age group. Ages are at midnight on Sunday 26<sup>th</sup> November 2023.

### AGE GROUPS

The age groups are 9 years, 10 years, 11years, 12 years, 13years, 14 years, 15 years and 16+ years.

### EVENTS

The events are 50m, 100m, 200m of all 4 strokes plus 200m Individual Medley.

### SUBMISSION OF ENTRIES

The entry fee is £6.00 for all events. The entry fee includes the 20p levy per event, payable to the South East Region.

Entries must be no faster than the Upper Qualifying Time (UQT) published for each event. Time trials for swimmers whose times are faster than the published times may be permitted, and any entries received that are faster than the UQT will automatically be entered as Time Trials meaning that the swimmer will swim for time only and will not be eligible for an award.

If the event is oversubscribed, time trials entries followed by the slowest entrants to some events will be rejected to keep the meet within acceptable time limits. Entries must be submitted either electronically using Hy-Tek Meet Manager or be on the official entry form (scanned and emailed). Entries must include the entrant's Swim England registration number, date of birth, and entry times, together with all entry fees. Entry times submitted should be those achieved in a 25m pool. Converted long course times will be accepted providing they have been converted using Swim England Equivalent Performance Tables.

The closing date for entries is midnight on Sunday 29<sup>th</sup> October 2023. No entries will be accepted after the closing date or during the meet, unless due to the promoter's error or omission. Proof of email may

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be required. Entries will not be registered unless accompanied by the correct entry fee. Cheques are no longer accepted; all payments must be made by bank transfer. Completed entry forms should ideally be sent in one email per club. Details of accepted entries will be emailed to club's representatives. Refunds will be issued for rejected entries only by BACs to each club or separate individual entrant and sent to the contact named on the entry summary sheet as soon as possible after the closing date. No refunds will be given for withdrawals after the accepted entries have been published.

## **COACHES PASSES**

Coaches passes are available at a cost of Saturday £7:00/day and Sunday £15.00/day per person. This fee includes a daily programme, a full set of results sheets and lunch (Sunday). One pass per ten swimmers will be issued to each club. For child protection reasons, these must all be pre-ordered at the time of submitting entries. Coach's passes will be collected on the day of each gala.

## **WITHDRAWALS**

This will be a 'sign out' gala, coaches must inform the desk of any swimmer not competing before the start of the warm up for each session. Failure to comply may result in a fine being issued to the swimmer's club. The promoter has the right to decide how spaces left by withdrawals are filled.

## **WARM UP**

Coaches must supervise their swimmers at all times during the warm up. A warm up schedule will be available 5 days in advance of the gala. The start of each warm up session will be starting at the end of the pool.

## **RACE PROCEDURES**

It is the responsibility of the competitors and coaches from participating clubs to ensure that all swimmers are competent to the standard of the Swim England Competitive Start Award. All events are heat declared winners. Heats will be swum with all age groups combined and swimmers seeded by entry times. The fastest heat in each event will be spear-headed. Starts will be at the deep end of the pool and over the top starts will be used for all events except backstroke, though this is at the referee's discretion. Swimmers must leave the pool using the steps at the side of the pool and must not climb over the electronic timing pads at the end of each lane.

A secondary strobe for deaf swimmers will be available. A secondary strobe is classed as, "A strobe light, in addition to that included in the AOE starting system". It must be part of the AOE system and should be able to be moved to a lane where a deaf swimmer (S15) is starting.

## **SWIM DOWN**

A continuous swim down facility may be available in the diving pit, adjacent to the main competition pool. Coaches are responsible for supervising their swimmers when using this facility. If swimmers are not supervised then the permission to use the facility may be withdrawn by the sports centre.

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## RESULTS

Competitor's times will be computer processed using the Hy-Tek Meet Manager system. These results will then be displayed both on poolside and upstairs in the balcony area, we are also planning to use a live results service which will be available through Meet Mobile. Following the meet, all results will be published on our website [www.blscswim.club](http://www.blscswim.club) as soon as possible. Anyone wishing to have these emailed directly must leave their details at the information desk. Meet results will also be sent to Swim England to be included on their official rankings list.

## AWARDS

Awards will be given to the top six placed swimmers in 9, 10 and 11 years age group in each individual event and for the top three placed swimmers in 12, 13, 14, 15 and 16+ years age groups in each individual event. There will be no official presentations, so all swimmers must collect their medals from the awards desk.

## OFFICIALS

It is appreciated if attending clubs could provide a licensed official to assist with the running of the event.

Each club entering six or more swimmers are requested to supply at least two officials who can act as Time Keeper and/or Judge. If we are unable to fulfil the required number of qualified officials the meet may be downgraded to a lower license level.

## SPECTATOR ADMISSIONS

Details will be made available closer to the meet regarding spectator attendance. We will be directed by both government and Swim England guidance, as well as working with Medway Council/Medway Park to ensure compliance with social distancing guidelines.

Admission prices are as follows: Adults, one session either day £5.00, all day £7.00. Concessions, one session either day £3.00. Children are free. Card payments preferred but cash will be accepted. Hard copy programmes are £2 for the weekend, but we reserve the right to make electronic versions available free of charge in replacement for all hard copies.

## RAFFLE

Raffle tickets will be available to purchase at £1.00 per strip.

## PHOTOGRAPHY

Anyone wishing to take still or digital photography (including the use of mobile phones to do this) must do so in accordance with the Swim England Child Safeguarding Policy and procedures (Wavepower). Flash photography is prohibited at all times. Use of any form of image capturing devices in the changing area is prohibited and may result in exclusion from the event.

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## **SAFETY**

For the purposes of child protection, no persons, unless officials, staff, coaches or team managers displaying a valid pass, shall be allowed on poolside. Competitors are advised not to leave their belongings unattended and to ensure that valuables are placed in a secure locker or deposited with someone for safe keeping. Neither Black Lion Swimming Club nor the pool management will be held responsible for property that is damaged, lost or stolen. Swimmers must not leave the poolside without wearing a top, shoes, and having dried themselves off. Swimmers are advised to remove all jewelry to prevent accidental injury to themselves.

## **DATA PROTECTION**

All entry information and results will be managed on a computer system. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Therefore, by submitting entries, consent is thereby given, as required under the current Data Protection Act, to the holding of personal information on a computer. Where personal data has been passed via a third party ie (club) it will be deemed that the third party has gained the appropriate data protection consent.

## **BEHAVIOUR**

Coaches and team managers are at all times responsible for the conduct of the swimmers in their care. The promoter reserves the right to refuse admission or to ask any persons to leave during the event.

## **CANCELLATION**

In the event of a pandemic lockdown or where the gala is undersubscribed to such a point it becomes loss making, the club reserves the right to cancel giving a minimum period of one/two weeks' notice, where notification updates would be sent in advance of cancellation period. In the event a cancellation occurs then full refunds will be sent to all attending clubs, individual entries and any associated coach pass payments.

***Any conditions not covered in the above information will be at the discretion of the promoter of Black Lion Swimming Club. By entering this event, competitors and coaches agree to abide by these conditions. Any queries should be made via email to the Gala Secretary – [gala@blscswim.club](mailto:gala@blscswim.club)***

# **Programme Of Events**

## **Black Lion Level 3 Winter Open Meet 2023**

Saturday 25<sup>th</sup> November and Sunday 26<sup>th</sup> November 2023

### **Saturday 25<sup>th</sup> November**

#### **Session 1**

**Warm Up: tbc**      **Start: tbc**

- |     |                   |       |
|-----|-------------------|-------|
| 1.  | 200m Backstroke   | Boys  |
| 2.  | 200m Backstroke   | Girls |
| 3.  | 50m Breaststroke  | Boys  |
| 4.  | 50m Breaststroke  | Girls |
| 5.  | 200m Breaststroke | Boys  |
| 6.  | 200m Breaststroke | Girls |
| 7.  | 100m Butterfly    | Boys  |
| 8.  | 100m Butterfly    | Girls |
| 9.  | 100m Freestyle    | Boys  |
| 10. | 100m Freestyle    | Girls |

### **Sunday 26<sup>th</sup> November**

#### **Session 2**

**Warm Up: 08:15**

**Start: 09:15**

- |     |                        |       |
|-----|------------------------|-------|
| 11. | 200m Individual Medley | Boys  |
| 12. | 50m Freestyle          | Girls |
| 13. | 50m Backstroke         | Boys  |
| 14. | 200m Butterfly         | Girls |
| 15. | 200m Freestyle         | Boys  |
| 16. | 100m Breaststroke      | Girls |
| 17. | 100m Backstroke        | Boys  |
| 18. | 50m Butterfly          | Girls |

#### **Session 3**

**Warm Up: tbc**

**Start: tbc**

- |     |                        |       |
|-----|------------------------|-------|
| 19. | 200m Individual Medley | Girls |
| 20. | 50m Freestyle          | Boys  |
| 21. | 50m Backstroke         | Girls |
| 22. | 200m Butterfly         | Boys  |
| 23. | 200m Freestyle         | Girls |
| 24. | 100m Breaststroke      | Boys  |
| 25. | 100m Backstroke        | Girls |
| 26. | 50m Butterfly          | Boys  |

# Qualifying Times (UQT)

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<b>Girls</b>	9	10	11	12	13	14	15	16/over
50m Freestyle	32.00	30.70	29.40	28.10	27.50	26.80	25.12	24.00
100m Freestyle	1:06.00	1:05.50	1:03.90	1:01.10	1:00.80	59.30	53.39	52.00
200m Freestyle	2:20.50	2:19.00	2:18.40	2:12.30	2:10.70	2:06.50	1:56.00	1:50.00
50m Breaststroke	40.10	39.00	38.10	35.00	33.00	31.00	29.50	29.00
100m Breaststroke	1:21.00	1:20.70	1:19.60	1:15.90	1:14.10	1:12.10	1:08.00	1:05.00
200m Breaststroke	2:57.00	2:56.60	2:55.70	2:45.30	2:40.20	2:34.30	2:21.00	2:20.00
50m Backstroke	35.20	34.60	34.40	32.90	31.80	30.10	28.30	28.00
100m Backstroke	1:16.50	1:15.50	1:14.90	1:09.80	1:07.80	1:06.00	1:01.00	58.00
200m Backstroke	2:39.00	2:38.60	2:37.70	2:26.40	2:22.60	2:20.60	2:12.00	2:10.00
50m Butterfly	35.20	33.90	32.20	29.80	29.00	28.60	27.00	26.00
100m Butterfly	1:16.30	1:13.70	1:12.60	1:09.00	1:07.60	1:06.90	1:00.00	59.00
200m Butterfly	2:49.90	2:40.00	2:38.10	2:26.50	2:24.10	2:23.90	2:11.00	2:10.00
200m Individual Medley	2:50.00	2:41.80	2:38.30	2:30.10	2:25.90	2:19.10	2:09.00	2:08.00

<b>Boys</b>	9	10	11	12	13	14	15	16/over
50m Freestyle	30.00	29.60	28.80	25.60	23.90	23.10	21.00	21.00
100m Freestyle	1:07.50	1:05.20	1:02.10	55.90	51.50	50.60	49.50	49.00
200m Freestyle	2:21.00	2:18.70	2:16.20	2:07.50	1:58.50	1:53.10	1:47.00	1:45.00
50m Breaststroke	39.50	37.00	34.40	31.90	31.10	30.40	28.00	27.00
100m Breaststroke	1:25.00	1:20.20	1:17.40	1:10.90	1:07.50	1:05.20	1:01.00	1:00.00
200m Breaststroke	3:00.00	2:58.00	2:54.50	2:38.70	2:25.80	2:22.30	2:07.00	2:05.00
50m Backstroke	38.00	35.00	33.30	30.60	29.90	28.50	25.30	25.00
100m Backstroke	1:20.00	1:15.00	1:11.00	1:05.00	59.80	57.90	55.50	55.00
200m Backstroke	2:35.00	2:30.00	2:25.00	2:19.90	2:12.40	2:10.40	2:02.20	2:00.00
50m Butterfly	32.00	30.20	29.80	27.60	26.40	25.10	24.00	23.00
100m Butterfly	1:15.00	1:12.30	1:10.80	1:03.80	1:00.00	57.80	53.00	52.00
200m Butterfly	2:49.00	2:40.00	2:34.20	2:16.10	2:10.00	2:06.10	2:02.00	2:00.00
200m Individual Medley	2:49.10	2:40.80	2:35.20	2:23.30	2:11.90	2:06.10	2:01.00	2:00.00

# Club Entry Form

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<b>Club Name:</b>		
Each club entering six or more swimmers are requested to supply at least two officials whom can act as Time keeper or Judge. Please provide details of any officials attending using the form supplied.		
	<b>Total No. of Swims</b>	<b>Total Cost</b>
<b>Male @£6.00</b>	0	£0.00
<b>Female @ £6.00</b>	0	£0.00
<b>Coach Pass @ £7.00/£15:00 per day</b>	<b>No. Required</b>	
<b>Sat Pass @ £7.00</b>	0	£0.00
<b>Sun Pass @ £15.00</b>	0	£0.00
	<b>Total</b>	<b>£0.00</b>
Payment should be by electronic BACS transfer to BLSC bank account: Lloyds Bank plc – Sort Code: 30-97-12 – Account: 01417843 Please quote your Club's name (i.e.Black Lion SC)		
Cheques are no longer accepted I confirm that all swimmers and poolside staff are club members.		
<b>Signed</b>		
<b>On Behalf Of</b>		
<b>Contact details, email address and bank details must be provided</b> so that BLSC can forward information regarding accepted / rejected entries. In accordance with GDPR, this form will be shredded once the gala and its administration is complete.		
<b>Club Contact</b>		
<b>Address</b>		
<b>Contact No.</b>		
<b>Email</b>		
<b>Name of Bank</b>		
<b>Account No.</b>		<b>Sort Code</b>



# Individual Entry Form

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PLEASE PRINT USING BLOCK CAPITALS

FULL NAME

MALE

FEMALE

CLUB

DATE OF BIRTH

AGE ON 26<sup>th</sup> November 2023

SWIM ENGLAND  
REGISTRATION NUMBER  
TELEPHONE NUMBER  
MOBILE NUMBER  
EMAIL ADDRESS


Please submit personal best times for your chosen events below:

Event No	Event	Entry Times
	50m Butterfly	
	50m Backstroke	
	50m Breaststroke	
	50m Freestyle	
	100m Butterfly	
	100m Backstroke	
	100m Breaststroke	
	100m Freestyle	
	200m Butterfly	
	200m Backstroke	
	200m Breaststroke	
	200m Freestyle	
	200m Individual Medley	

No of Entries @ £6.00		=	£
Total + 3.00 Admin Fee		=	£

**Entries must be received by midnight on Sunday 29<sup>th</sup> October 2023**

Payment by BACS to bank account: **Black Lion SC** Sort Code: **30-97-12** – Account: **01417843**

Please ensure swimmers **Initials, Surname and WOM** are referenced on **ALL** payments.

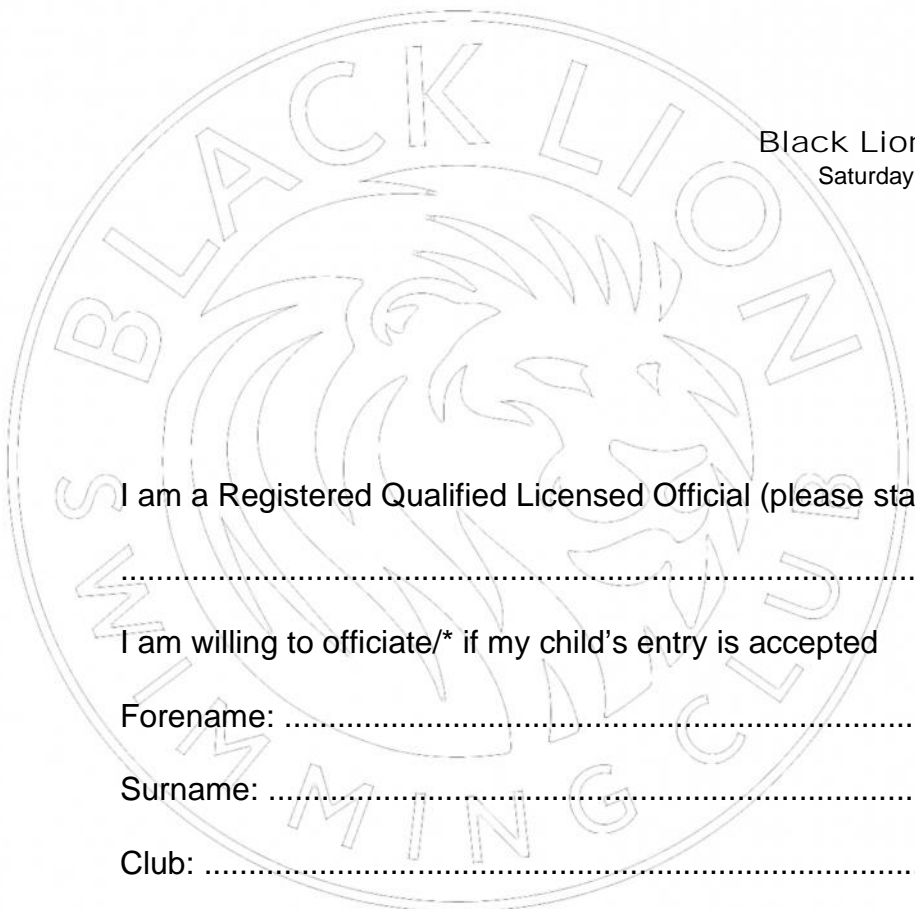
Please email forms/questions to [gala@blscswim.club](mailto:gala@blscswim.club) or enquiries to [enquiries@blscswim.club](mailto:enquiries@blscswim.club)

I confirm that the information entered is correct and that a cheque for the correct amount made payable to **Black Lion Swimming Club** is enclosed. I understand that zoom and video photography may take place at this meet, and understand that all competitors listed on our entry form have given their consent to this as a condition of entering the competition.

Signed.....Swimmer/Parent (under 18's)

# Official's Form

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I am a Registered Qualified Licensed Official (please state capacity):

.....

I am willing to officiate/\* if my child's entry is accepted

Forename: .....

Surname: .....

Club: .....

Tel No: .....

Child's Name: .....

Sessions I can do: .....

Thank You

**Please return a scanned version of this form with completed entry form to:**

Email: [blscofficials@gmail.com](mailto:blscofficials@gmail.com) and/or [gala@blscswim.club](mailto:gala@blscswim.club)

*Note:*

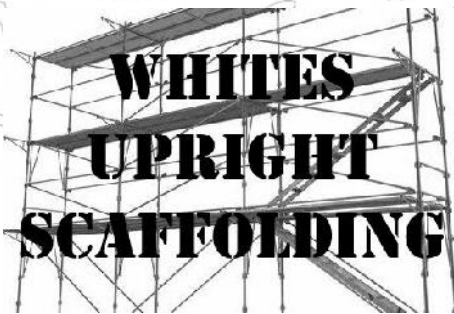
*Each club entering six or more swimmers are requested to supply at least two officials who can act as Time Keeper and/or Judge.*

# Our Sponsors

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**UNIVERSITY OF  
GREENWICH**



**KITCHEN**  
C U L T U R E

